Queen Elizabeth's Girls' School

Founded in 1888

Educating Women of the Future

Health and Social Care Key Stage 4 Curriculum

	Topic/Big Question	Focus
Year 10	Component 1 Human Lifespan Development Learning aim A: Understanding human growth and development across life stages and the factors that affect it	Different aspects of growth and the factors that can affect this across the life stages will be explored. Exploring Physical, Intellectual, Emotional and Social Development (PIES) and how individuals cope with and are supported through changes caused by life events. Exploring the influence of physical, environmental, social, cultural, emotional, economic and psychological factors on human growth and development are explored.
	Component 1 Human Lifespan Development Learning aim B: Understanding how individuals deal with life events	Investigating how individuals deal with expected and unexpected life events and how people manage change. Expected life events include starting and leaving school, moving house, entering employment, living with a partner, marriage/civil ceremony, parenthood and retirement. Unexpected life events include accident/injury, death of a partner, death of a relative, ill health, unemployment, imprisonment, promotion.
	C1 coursework	Completion of pearson set assignment
	Component 2 Health and Social Care Services and Values Learning Aim A Understanding the different types of health and social care services and barriers to accessing them	Exploring a range of healthcare conditions and how they can be managed by the individual and the different healthcare services that are available. Exploring a range of social care needs and how these can be met by social care services that are available. Exploring barriers that can make it difficult to use these services and suggest how these barriers can be overcome
	Component 2 Learning Aim B Understand the skills, attributes and values required to give care	Exploring the skills and attributes that are required when planning and delivering care. Exploring the personal obstacles that individuals requiring and receiving care may face. Exploring how skills, attributes and values benefit individuals when receiving care.

	Topic/Big Question	Focus
	C2 Coursework	Completion of pearson set assignment
Year 11	Component 3 Health and wellbeing Learning Aim A Explore the factors that affect health and wellbeing, learning about physiological and lifestyle indicators and person-centred approaches to make recommendations to improve an individual's health and well-being Learning Aim A	Exploring how factors can affect an individual's health and wellbeing positively or negatively. Definition of health and well-being Exploring physical factors that can have positive or negative effects on health and wellbeing; lifestyle factors that can have positive or negative effects on health and wellbeing; social factors that can have positive or negative effects on health and wellbeing; cultural factors that can have positive or negative effects on health and wellbeing; economic factors that can have positive or negative effects on health and wellbeing; environmental factors that can have positive or negative effects on health and wellbeing. The impact on physical, intellectual, emotional and social health and well-being of different types on life events including physical events, relationship changes and life circumstances are explored.
	Component 3 Health and wellbeing Learning Aim B	Interpreting health indicators: Exploring how physiological indicators are used to measure health. Exploring how lifestyle choices determine physical health.
	Component 3 Health and wellbeing Learning Aim C	Exploring the use of person-centred approach in health and social care settings. Exploring the ways in which a person-centred approach takes into account an individual's needs in order to reduce their health risks, wishes including their preferences and choices and circumstances including age, ability, location, living conditions, support and physical and emotional health. Exploring the importance of a person-centred approach for individuals and health and social care workers and services. Exploring recommendations and actions that are aimed at improving health and well-being, alongside support available for achieving this Exploring established recommendations for helping to improve health and well-being Exploring the support available when following recommendations to improve health and wellbeing Exploring the barriers and obstacles that individuals can face when following recommendations and the unique ways in which they may be overcome
	Component 3 Health and wellbeing	Preparation for final externally set assessment