



Physical Education FAQs

I'm not good at 3 different sports, should I consider still taking the subject?

As a class we will spend time developing our skills in a range of sports e.g. Badminton, Athletics, Netball Trampoline and Swimming. Lessons are aimed at ensuring students are able to meet the requirements of the assessment criteria. Due to the pandemic, skill levels vary therefore we will revisit and develop the basic fundamental skills and build on these, applying them to competitive situations throughout the units.

I cannot swim/ I am a weak swimmer - will I still be assessed in swimming?

The sports we complete as a class vary from year to year based on the cohort at that time. If swimming is not an appropriate activity we will look at sports that are more appropriate. Additional sports (where fewer of the cohort may excel in) will be made available after school so everyone has the opportunity to ensure they access their strengths.

I do sport(s) outside school, can I be assessed in this sport(s)?

Absolutely! Your teacher will give you clear information about how to film your activity so you can be assessed in it. Video equipment can be loaned from school if needed. The video footage you collect will be used for assessment. We take your 3 highest marks from all sports undertaken inside and outside school. Remember you must do 2 teams and 1 individual sport or 1 team and 2 individual sports. Badminton doubles and a dance duet both class as a team sport as well as the more common team sports such as football and netball.

Is the written controlled assessment completed at school?

Yes. The controlled assessment has to be supervised and only complete in the hours designated by your teacher. You are not able to pre-prepare anything at home. It will be delivered across the latter part of Year 10 and the start of Year 11, broken up into manageable sections. Each section will be clearly explained by your teacher and you are able to access the internet and use text books throughout the assessment.

I am fantastic at sport but struggle with theory - is the course still suitable for me?

Yes! The course combines physical and theoretical assessment. Your class teacher will structure theory lessons so that all students are able to make progress appropriate to their level of learning. As PE teachers we love to find lots of practical ways to deliver and reinforce learning too so please do not be frightened by the theory aspect. It's lots of fun and many students who take GCSE PE really enjoy the combination of theory and practical.