



## PSHCE, Careers and Citizenship FAQs

### **What topics are covered in KS4 PSHE?**

You will cover 3 topics: Living in the Wider World, Health and Wellbeing and Relationships and Sex Education

### **What will I learn in each topic?**

Living in the wider world covers skills and knowledge that you will need in order to live successfully in society. This includes developing a growth mindset, the options you have post-16, employability skills, business and enterprise, and personal finance. You then learn about the Equality Act and the importance of British Values such as respect and tolerance.

Health and Wellbeing covers a range of areas that are important for both mental and physical health, such as being 'health aware', dealing with stress and loss, addiction and strategies for maintaining positive mental health.

Relationships and Sex Education covers important topics such as reproductive health, consent, safe sex, pregnancy and parenting skills, pornography and abuse in relationships, as well as where to seek support.

### **Are there exams in PSHE?**

No, there are no external exams in PSHE. You will be assessed in class through a range of methods including written assessments, Google Forms and research projects.

### **Can I take PSHE as a GCSE?**

No. PSHE is a compulsory subject to take in Year 10 and you will have lessons timetabled once a fortnight, however you will not gain a GCSE qualification in PSHE.