

**Subject: Food Preparation & Nutrition**

**Qualification: GCSE**

**Exam Board: AQA**

**Specification Code: 8585**



### Who is the course for?



This exciting GCSE course gives students the opportunity to gain experience by focusing on practical cooking skills and gain a strong understanding of nutrition. It is more important for pupils choosing the course to enjoy a large variety of foods than have a natural flair for cooking; we will teach you how to cook!

### What will I learn?

Food Preparation Skills, Food Nutrition and Health, Food Safety, Food Science, Food Provenance and Food Choice. During the course you will be given the opportunity to practise a wide range of skills along with having a greater understanding of nutrition, the science behind food as a material and wider environmental aspects associated with food.

In Year 10 pupils will cook approximately 20 times along with completing a series of modules involving written work and food experiments. In Year 11 pupils will concentrate on completing two Non Examination Assessments (NEA) using a variety of research and investigation methods. Students will respond to one of three specified tasks set by the exam board. Students will cook less in Year 11 as more time will be dedicated to the NEAs and preparation for the summer exam. Pupils will enjoy Food Preparation and Nutrition if they are organised and enjoy experimenting with food. The course is taught in a "hands on" practical way; consequently the weekly purchase of ingredients is essential. Time will also need to be allocated to visiting the supermarket. If cost is a concern please ensure you let Mrs Doel know.

### How will I be assessed?



All assessments take place in Year 11

**September – November. NEA Task 1 – Food Science Investigation (10 hours) = 15% of GCSE**

**January – March. NEA Task 2 – Food Preparation Assessment (20 hours including a 3 hour practical assessment) = 35% of GCSE**

**May – June - 1 hour 45 minute exam = 50% of GCSE**

### How can I progress with this qualification?

