

**Subject: Physical Education**

**Qualification: GCSE**

**Exam Board: AQA**

**Specification Code: 8582**



### **Who is the course for?**



The course aims to encourage candidates to be inspired, moved and challenged by following a broad, coherent, satisfying and worthwhile course of study and to develop awareness and appreciation of their own and others' cultures in relation to Physical Education. This should encourage creativity and decision-making skills to enable students to plan effectively for performances and to respond to changing situations.

### **What will I learn?**

- The biology of the body, biomechanics of movement, fitness training principles and understanding the sociological and psychological theories and their impact on sport performance.
- Key theoretical sporting ideas and how these interact with practical performance. You will gain insights into the relationships they have with each other throughout the course
- The development of transferable skills including decision making, psychological understanding of people, independent thinking, problem solving and analytical skills as well as thinking, acting and reacting under pressure
- Effective planning for performance and how to respond to changing situations.

### **How will I be assessed?**



Written Non-Exam Assessment (NEA) 40% Examination 60%

- NEA. One Performance Analysis task and 3 practical performances
- A total of two hour 30 minute assessment split over two examination papers (2 x 1 hour 15 mins) taken at the end of the two year course
- A wide range of question types including multiple choice, single mark, short answer and extended response questions
- The opportunity to demonstrate your knowledge of theory and performance skills in both your NEA and through the examinations.

### **How can I progress with this qualification?**

#### **QEGS**

Physical Education  
GCSE



#### **QEGS Sixth Form & 6th Form College**

A Physical Education



#### **The future**

University, College,  
Coach,  
Physiotherapist,  
Journalist,  
Sports Psychologist,  
Gym Instructor,  
Nutritionist,  
Dietician, Personal  
Trainer,  
Sports Retail and  
Design,  
Media, Analyst, Teacher,  
Sports Technologist