

Subject: Physical Education

Qualification: GCSE

Exam Board: OCR

Specification Code: J587



Who is the course for?



The course aims to encourage candidates to be inspired, moved and challenged by following a broad, coherent, satisfying and worthwhile course of study and to develop awareness and appreciation of their own and others' cultures in relation to Physical Education. This should encourage creativity and decision-making skills to enable students to plan effectively for performances and to respond to changing situations.

What will I learn?

- Key sporting ideas and how these interact with practical performance. You will gain insights into the relationships they have with each other throughout the course
- The development of transferable skills including decision making, psychological understanding of people, independent thinking, problem solving and analytical skills as well as thinking, acting and reacting under pressure
- Effective planning for performance and how to respond to changing situations.

How will I be assessed?



- Written Non-Exam Assessment (NEA) 40% Examination 60%
- NEA. One Performance Analysis task and 3 practical performances
 - A total of two hours assessment split over two examination papers (2 x 1 hour) taken at the end of the two year course
 - A wide range of question types including multiple choice, single mark, short answer and extended response questions
 - The opportunity to demonstrate your knowledge of theory and performance skills in both your NEA and through the examinations.

How can I progress with this qualification?

