



Wednesday 23rd December 2020

Dear Parents and Carers

This afternoon, I received details of a Year 9 pupil who tested positive for COVID-19. She would have been infectious on 14th and 15th December (when last in school) and so the entire Year 9 bubble should have commenced a period of isolation around that time. I realise that this is a late notification and would like to stress to all families that a test should be pursued as soon as a symptom is first noted. Families should then notify the school that a test has been arranged and that results are awaited.

Following a detailed risk assessment exercise conducted with Public Health and the DfE, your daughter has been deemed to have had close contact with the pupil who has tested positive for COVID-19.

As a result, your daughter should now stay at home and self-isolate for 10 days up to and including Friday 25th December, in line with national guidance. Track and trace have been notified as well.

Other members of your household can continue normal activities provided they do not develop symptoms by Friday 25th December.

Information from London Coronavirus Response Cell

Please see the link below to the PHE Staying at Home Guidance

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

What to do if you develop symptoms of COVID 19

If you develop symptoms of COVID-19, you should remain at home for at least 10 days from the date when your symptoms appeared.

All other household members who remain well must stay at home and not leave the house for 10 days.

The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home.



Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If you do develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours faithfully

Violet Walker
Headteacher