



Founded in 1888

Queen Elizabeth's Girls' School

Educating Women of the Future

July 2025

.....

The Tudor Rose

Your half-termly newsletter from Queen Elizabeth's Girls' School



From the Headteacher

As we reach the end of another inspiring academic year, I am delighted to share the final edition of our school newsletter. This year has been filled with remarkable achievements, memorable moments, and the unwavering spirit of our students, aged 11 to 18, who continue to embody the values of our all-girls community. From academic successes and creative triumphs to sports accomplishments and community initiatives, this edition celebrates the vibrant life of our school.

I hope you enjoy this look back at some of the highlights of the final half term and join us in celebrating everything our students and staff have achieved together.

CONTENTS

STEM Talk by Professor Kim Hardie	3
Art Visit to Tring Natural History Museum	3
Careers Talk: Judge Johnson	5
Careers Talk: Psychiatrist	6
'Les Miserables' Trip	7
QE Together Litter Pick	7
DVS Awards	8
A level and GCSE Private View	10
STEM Talk by Dr. Shaihan Malik	11
Year 12 trip to Highgate Cemetery	12
Year 8 Textiles Showcase	13
A-Level Biology Field Trip	14
Queen Mary University Writing Competition	14
Year 12 Trip to British Library and St Pancras Old Church	15
Quiz Mania House Competition	16
TTRockstars London Rocks Competition	16
Architecture Work Experience	17
Dance World Cup	18
Wimbledon Tennis Trip	18
Year 10 and 12 Careers Event	19
Tottenham Stadium Trip	20
Sports Day 2025	21
Global Perspectives	22
QEGSA	22
Dates for your diary: 2025-26	23
Useful Support Lines	23

STEM Talk by Professor Kim Hardie

On Monday the 19th of May, Professor of Microbiology Kim Hardie from Nottingham University came to deliver an inspirational talk entitled: "Using science as a ticket to travel the world and make friends!" Students from years 7-12 were invited and they enjoyed hearing from a former QEGS pupil whose successful career in a STEM field makes her an important role model for them. The talk detailed her life's work and included fields ranging from geography and economics to complex bacterial protein secretion! Thank you Professor Hardie. We hope to invite you back soon.

Mr Young, STEM Coordinator



Art Visit to Tring Natural History Museum

In May the Art department took prospective GCSE Art students from Year 9 on a research trip to The Natural History Museum in Tring. The day of drawing gave the students an opportunity to draw animals from life, in preparation for the start of the GCSE course in September. We were also joined by year GCSE Art students who were keen to add to their existing coursework portfolios. The group had a fantastic day drawing from specimens as small as hummingbirds and as huge as whales.

We were not only impressed by the quality and amount of work produced but also extremely proud to be approached by a member of the museum staff who told us that they had never



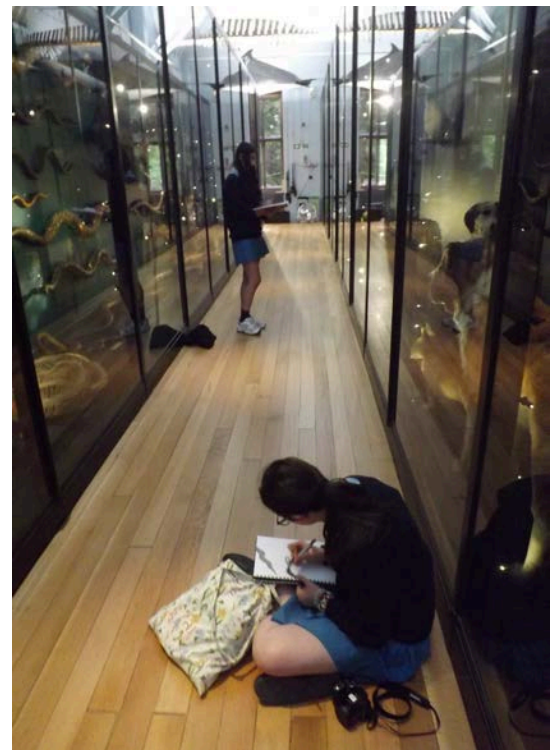
had a group of secondary students so focused and quiet in the building before.

Ms Beavis, Head of Art



The art trip to the Tring History Museum was a fantastic experience for me and all my classmates. I felt completely safe and welcomed by the team at the museum as we arrived. At first we were shown the main layout for the museum and then were able to explore by ourselves. The impressive collection of animals really offered me a unique opportunity to study the texture, form and detail in a wide variety of animal species. For example the display of 300 hummingbirds, which amazed me and allowed me to fully capture every detail of the animal. The quiet and relaxing atmosphere of the museum brought me to focus and concentrate on observational drawings which I believe is a great way of moving my coursework forward by giving me much more detailed material to work from. Overall this trip was a great experience, and will be remembered. I strongly recommend this to all future GCSE artists. I would also highly recommend it to younger years who find Art and animals interesting as it could benefit them all in different ways. I loved it!

Mariia and Nuria, Year 10



Careers Talk: Judge Johnson

His Honour Judge Ross Johnson kindly came into school to talk about his career in Law. Students got to hear about the path he took into Law, his time as a Solicitor and his experience in his current role as a Circuit Judge. Students thoroughly enjoyed the talk and even got to experience getting dressed for court! - Mrs St Ledger



I found the talk delivered by Judge Johnson extremely insightful and informative. As a prospective law student, it was invaluable to hear the process of becoming a judge - including the steps taken and the qualities needed to excel within the legal industry. Judge Johnson was helpful in addressing developments made in regards to the different available pathways when pursuing a career in law,

and the emerging overlap between the role of a barrister and the role of a solicitor.

Additionally, it was enlightening to hear stories about interesting cases he has encountered, and the struggles that came with a few. Overall, it was a great opportunity from which I learned a lot, and it's an experience I will definitely take into account as I consider my future in law.

Imani, Year 12



Careers Talk: Psychiatrist

Dr. Kiran Nijabat, a Consultant and Adolescent Psychiatrist at the Family Wellness Practice, kindly came to QEGS as a speaker during Mental Health Awareness week. Dr. Nijabat brings invaluable experience in mental health, with a particular focus on supporting young people through the complexities of adolescence. - Mrs St Ledger

We were honoured to have the opportunity of receiving a talk from Dr Kiran Nijabat from The Family Wellness Practice.

She began by offering us a great insight into both the benefits and detriments of working in the mental health field. We learnt about how rewarding it can be to help people through difficult times in life, as well as how emotionally difficult it can be and how psychiatrists must take steps to manage their own wellbeing.

We were also given insight into multiple pathways to join the medical field, including foundation years and graduate degrees. She placed emphasis on the importance of determination over exceptional grades to achieve your aspirations, and how being well rounded can take you a lot further than you could imagine.

After this we were told how to become a psychiatrist, including 5 years of medical school, 2 years of foundation training, 3 years of core training, and 3 years of specialist training.

Finally, we were told about the importance of mindfulness for your physical, social, and emotional health. We learnt that having good mental health habits can improve your sleep and work performance before being guided through a meditation session, which was said by many to be the perfect relaxing end to a long school day.



In conclusion, we were all very grateful that Dr Nijabat took the time to visit us and share her vast wealth of knowledge, and some students even said that they were inspired to research more into joining the mental health sector.

Eloise, Year 12

'Les Miserables' Trip

On Thursday 5th June we were both fortunate to have the incredible opportunity to attend a performance of Les Misérables at the theatre. This was with thanks to one of the School's Trustees, Dr Karen Edge, who kindly offered free tickets, and the support of our teachers. We even got to meet some of the cast, the pictures include the actress Katie Hall who played Fantine, and Jacob Datchler who played Marius!



It was a truly unforgettable experience. The production was absolutely phenomenal, and we are both deeply grateful for the chance to see such a powerful and moving musical. As individuals with a profound passion for theatre, this opportunity meant a great deal to us and is something we will always cherish.

Amelia and Elda, Year 12

QE Together Litter Pick

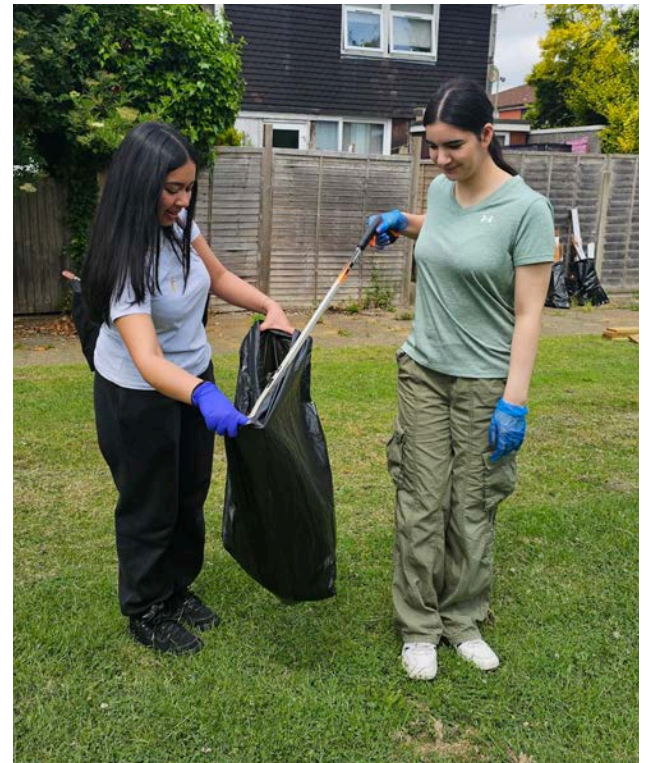
As part of the QE Together initiative, on the 11th of June, me and my peers from our Sixth Form and from Queen Elizabeth's School, collected litter in Dollis Valley, advised by the group, 'Clean Up River Brent.' This project aimed to remove as much debris from the environment as possible, in order to preserve our wildlife by protecting ecosystems and reducing the risk of contamination in the nearby river. Though when we first arrived the field looked relatively clean, it was quite shocking to see how much rubbish there truly was after taking a closer look. For instance, we found some very interesting items, ranging from things such as an umbrella, a suitcase and even a paddling pool.

It is really important not to litter, because it is a problem that affects us all. In the UK alone, over 2 million pieces of litter are dropped everyday, leading to serious environmental damage. When plastic is not disposed of correctly, it can take up to 500 years for



it to fully decompose, and during that time it negatively disrupts marine life and ecosystems, resulting in a loss of biodiversity. This project really showed the negative effect that litter has on nature, but also outlined how humans are impacted too, through a process of bioaccumulation, where tiny pieces of plastic can infiltrate our food chain which can be harmful to our health. Overall, the experience was very enjoyable and a meaningful project to be a part of, to help ensure a healthier, more pleasant environment for everyone.

Isabella, Year 12



DVS Awards

On the evening of Thursday 26th June, ten Year 12 students were invited to attend an awards ceremony hosted by the DVS Foundation at The Manor in Elstree. We sat at tables based on the award we received, alongside students from other schools who were recognised for the same value.

The event opened with an introduction to the DVS Foundation, followed by inspiring talks throughout the evening from speakers representing organisations such as Great Ormond Street Hospital, Accenture, the London Fire Brigade, the Mayor of Harrow, and DVS themselves. Hearing their stories and advice was really impactful.

We also had the chance to network with individuals who had excelled in their careers and learn about their journeys as well as be given advice on our own. Everyone we met reflected the values behind the awards: kindness, integrity and respect, ambition, leadership, environmental stewardship, teamwork and collaboration, resilience, community impact, innovative thinking, and personal growth.

It was an honour to be part of the evening and to meet such inspiring people, both students and professionals. Thank you to the DVS Foundation, Ms Shah and all the teachers who nominated us.

- Yashvi - Kindness
- Maisie - Resilience
- Armiti - Ambition
- Hannah - Leadership
- Tianna - Community impact
- Roisin - Integrity & respect
- Nana - Environmental stewardship
- Amelia - Teamwork & collaboration
- Tiffany - Innovative thinking
- Martyna - Personal growth

Yashvi, Year 12



A level and GCSE Private View

Celebrating Artistic Success at Our A-Level and GCSE Art Exhibition!

What an incredible display of talent we witnessed at our recent A-Level and GCSE Art Exhibition! The creativity and hard work of our students truly shone through, making the event a resounding success.

We are so proud of all our art students for their fantastic contributions. Their dedication to their craft was evident in every piece, and the quality of the work on show was simply outstanding.

A massive thank you to everyone who came along to support our young artists, especially



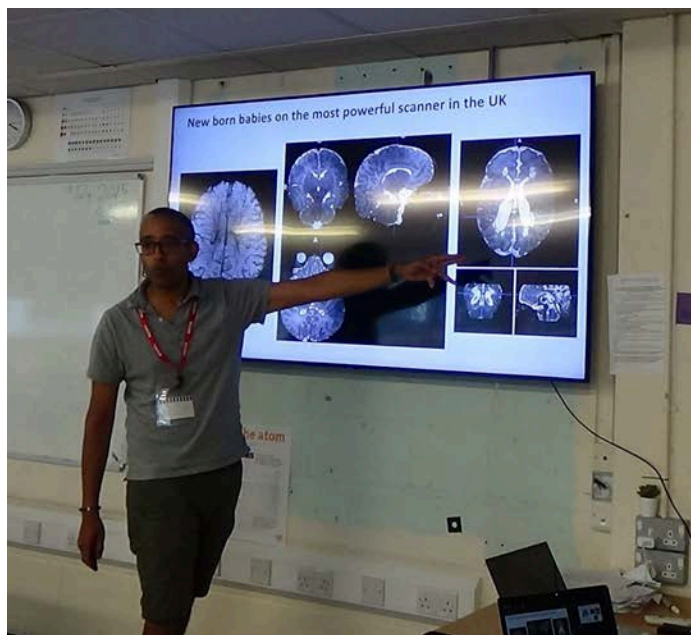
all the students and parents who attended. Your presence made the exhibition even more special. We also extend a warm thank you to our prospective Year 7 students who joined us; we hope you enjoyed getting a glimpse into the vibrant art department here at school!

*Ms Stavrou,
Teacher of Art*

STEM Talk by Dr. Shaihan Malik

On Thursday the 3rd of July QEGS students were treated to a fascinating talk by Dr Shaihan Malik, a lead researcher in MRI scanning technology from Kings College London and Guy's and St Thomas Hospital. Students learnt about his journey to becoming a research scientist, from being a student to leading whole research groups, and conducting cutting edge world leading research on MRI imaging of foetal brains. We hope that Dr. Malik (father of a current student) will be able to return next year and that we may be able to organise a trip to his laboratories for sixth form students to inspire them to take up further study of STEM subjects.

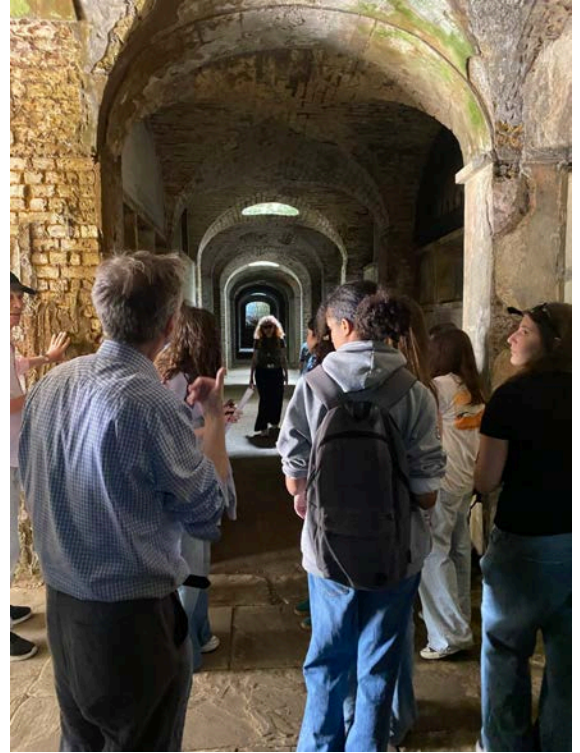
Mr Young, STEM Coordinator



Year 12 trip to Highgate Cemetery

The Year 12 A Level English Literature group visited Highgate Cemetery in June. Our main objective was a visit to the grave of Christina Rossetti, one of our key writers. We stood beside her grave and read some of her poems. We had a fantastic tour guide in the form of our own Mr Royden who works as a tour guide at the cemetery in his spare time. He provided some fascinating details about the cemetery making the trip educational and incredibly interesting. He took us into the catacombs and to the graves of other key literary figures such as George Eliot and Radclyffe Hall and historical figures including Karl Marx. For us, the most poignant moment was a stop at the unmarked grave holding the remains of ten young women and girls who were former inmates of the Highgate Penitentiary, a reformatory for "fallen women". After our tour, we went to Lauderdale House in Waterlow Park for coffee and cake before heading back to Barnet. As usual, the girls of QEGS were a credit to the school and conducted themselves impeccably.

Ms Madigan, Joint Head of English



Year 8 Textiles Showcase

This term, our talented Year 8 students have been busy in the Textiles room, creating their own beautifully designed cushions. Under the guidance of Mr Petrie and Mrs Doel, pupils have been learning how to use the sewing machines, some for the very first time — a skill they've approached with great enthusiasm and care.

As part of their designs, students experimented with embellishment techniques including Shibori, a traditional Japanese tie-dye method, and Sublimation Printing, which allowed them to transfer their own colourful and creative patterns onto fabric. The results are truly impressive, with each cushion reflecting the individual style and effort of its designer.

Well done to all our Year 8s for their hard work and creativity — we look forward to seeing what they produce in Year 9!



A-Level Biology Field Trip

Recently, as part of our A level Biology course, we went on a field trip to Juniper Hall, Field Studies Centre near Dorking in Surrey. The scenery was beautiful - lots of green grass, lovely flowers and blue skies. Our days were very busy, (and also very hot!) Day 1, we walked to a local woodland where we sampled numerous plants and compared the biodiversity of mature and coppiced woodland. On Day 2, we walked to Mickleham Downs, and studied changes in an ecosystem due to succession - the replacement of a species in an ecosystem over a long period of time, which takes place over numerous steps. Later that day we also sampled pond snails by the "capture, mark, release, recapture" process to estimate the population size of snails in the pond. On Day 3, we walked to Burford Spur which is a grassland where we conducted a pilot study then an investigation on the effect of trampling (on a footpath) on plant species using a quadrat and transect. The trip was great fun, even with all the effort we put into our studies and everyone had a great time.

Lacey, Year 13



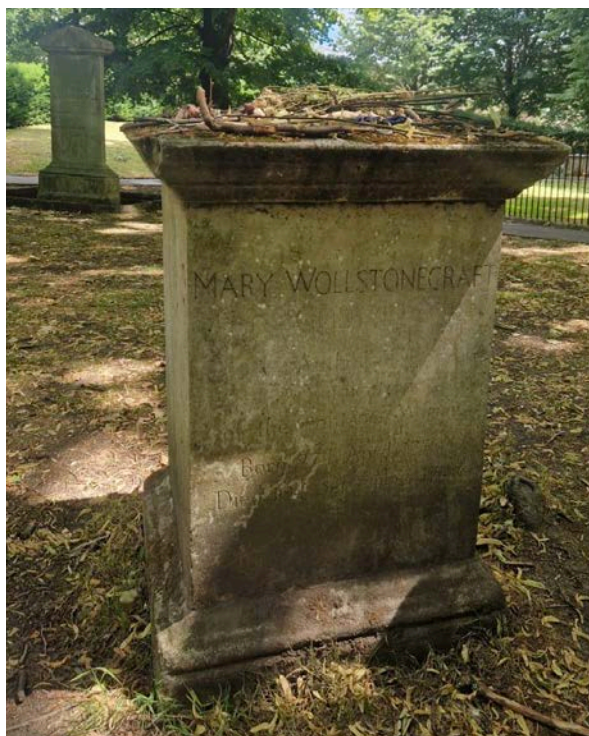
Queen Mary University Writing Competition

Huge congratulations to Maisie in Year 12 for writing the WINNING entry in the essay category of Queen Mary University London's writing competition. Maisie's essay was about the use of 'watery locations' in Jane Austen's 'Persuasion', and received high praise from the judges, who included QMUL alumnus and novelist, Leo Vardiashvili. She was awarded a certificate and a very exciting bag of QMUL goodies! Well done, Maisie! :)

Miss Richards, Deputy Head of English

Year 12 Trip to British Library and St Pancras Old Church

The Year 12 English Lang / Lit A level group visited the tomb of Mary Wollstonecraft, widely regarded as the mother of feminism and mother of one of our key authors, Mary Shelley. We stood in the footsteps of Shelley as she spent a great deal of time at her mother's grave. We read an extract from 'Frankenstein' which was also set in a graveyard. We also saw and learned about the 'Hardy tree'. We then visited the British Library and had a self guided exploration of all the facilities and resources on offer in that great place of learning before heading back to Barnet. As ever, the girls of QE were a true credit



to the school.

Ms Madigan. Joint Head of English

Quiz Mania House Competition

On July 9th, we celebrated the exciting conclusion of this year's Quiz Mania, and what an afternoon it was! Three high-energy matches kept everyone on the edge of their seats, filled with enthusiasm, teamwork, and school spirit.

Match 1: 7SGN vs. 7KAI Both teams gave it their all in a spirited contest, but it was 7SGN who clinched the win!

Match 2: 8CMU vs. 8EWT A nail-bitingly close match saw 8CMU pull ahead in the final round to secure victory.

Match 3: 9TDA vs. 9JCR Our reigning champions 9TDA defended their title with grit and determination, securing yet another impressive win!

Congratulations to all participating teams, you were amazing! And a special well done to our winners: 7SGN, 8CMU, and 9TDA!

This year's Quiz Mania has been a fantastic success, and we're already excited to bring it back next year. A huge thank you to the staff for your support throughout the competition, and an extra special shoutout to our Sixth Formers, Yashvi, Tiffany, and Riya, for their outstanding help with organising fundraising and assisting during the matches. We couldn't have done it without you!

Ms Taylor, Mathematics KS3 Coordinator

TTRockstars London Rocks Competition

On June 24–26, our KS3 students took part in the TTRockstars London Rocks Competition. We're proud to announce that Queen Elizabeth's Girls' School placed an impressive 3rd overall among all participating secondary schools, an outstanding accomplishment!

Within our school, the top-performing classes based on average scores were:

 1st Place: 7X2

 2nd Place: 7X1

 3rd Place: 8Y1

A special shout-out goes to Athena (7X2), who not only achieved the highest score in the school but also ranked 3rd overall across all secondary school participants. What a phenomenal achievement, well done, Athena!

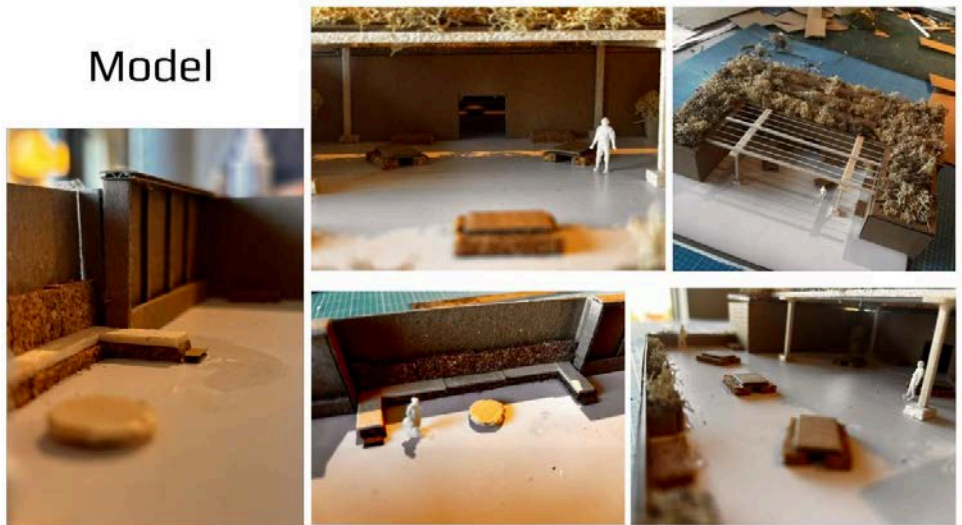
Ms Taylor, Mathematics KS3 Coordinator

Architecture Work Experience

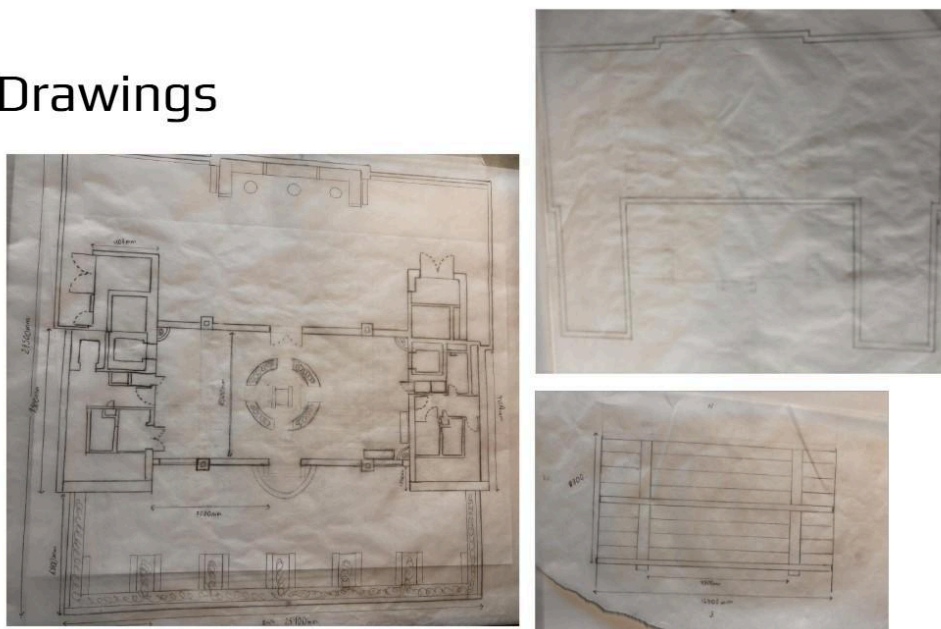
During my recent work experience at Orms, an architecture firm based in Old Street, I had the opportunity to spend a week in a design studio alongside three other Year 12 students. We were each given the chance to work on a real project, called Mercury, a London office building currently undergoing renovation. My task was to design a new rooftop space for the building, which did not exist yet. After visiting the site, which had been stripped back to its bare structure, and attending a meeting between the architects and demolition teams, I created a design brief that included an outdoor seating and picnic area with a shaded pergola, as well as an indoor lounge. I also built a model of my design and presented it, alongside the presentation, to members of the Mercury project team, who gave me constructive feedback. And as it turned out, my design was surprisingly close to what the architects at Orms ended up doing with Mercury.

Sophia, Year 12

Model



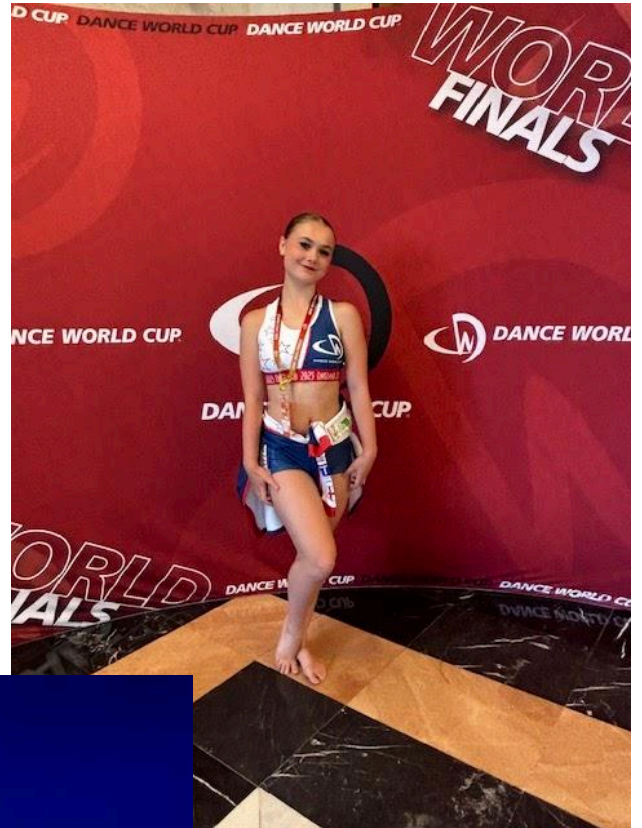
Drawings



Dance World Cup

Xanthe 8EWT competed in the Dance World Cup in Spain during 3rd-11th July, representing England. She competed in 10 group dances and 1 duet across numerous genres of dance. Xanthe came 5th in the world for her jazz duet - 0.3 points off a bronze medal and played an integral role in gaining important points for Team England who eventually went on to win the Dance World Cup 2025! Xanthe said "it was incredible to be with so many different countries and cultures competing. I felt proud hearing the English national anthem amongst them all and would love to do it all again". We are all incredibly proud of Xanthe here at QE!

Ms Madden, Head of Year 8



Wimbledon Tennis Trip

On Sunday 6th July, we were lucky enough to secure 8 student tickets for Court 1 at Wimbledon. A group of 8 students accompanied by Miss Cheverton and Mr Roberts attended to watch a thrilling game between Cameron Norrie (GBR) and Nicolas Jarry (Chile) which went to 5 very close sets with Norrie coming out victorious. Lots of fun was had by all who attended and we are very much hoping to have more success in the ballot next year!

If your child is interested in attending any PE related trips please ensure you check your emails and contact pe@qegschool.org.uk with any queries.

Ms Cheverton, DoE Coordinator

Year 10 and 12 Careers Event

We were thrilled to host 49 guests for our recent Careers Event, giving students in Years 10 and 12 the chance to engage in fast-paced, focused conversations with professionals from a wide range of sectors. Representatives joined us from key public organisations including the NHS, Metropolitan Police, Transport for London, the Home Office, Department for Education, Department of Health and Social Care, and the Civil Service Legal Department.

Students also heard from professionals in law, finance, engineering, construction, journalism, healthcare, publishing, investment, wellness, and technology. We were pleased to welcome guests from Capel Manor College and the University of Greenwich, as well as voices from the voluntary and business sectors.

In addition to the speed meet, students took part in a careers reflection session, using Barnet's Labour Market Information to explore local employment trends and reflect on their own strengths, interests, and aspirations. It was a vibrant and inspiring day that brought careers education to life.

Mrs Douglas, Careers coordinator Ms St Ledger, Psychology Subject Lead and Personal Development Lead (Careers and Lyfta)



Tottenham Stadium Trip

Over the past 10 weeks, a select group of students have been taking part in the Tottenham 'Premier League Inspires' programme aimed at building lifelong skills and positive attitudes. They have done a variety of workshops with dedicated staff members from Tottenham who have worked tirelessly to enable our students to have the best opportunities.

The programme culminated in a trip to the Tottenham Hotspur Stadium where they received a private tour of the stadium as well as workshops in first aid and a police 'stop and search' session. All students left the stadium full of lifelong memories and were a credit to those involved.

A big thank you to Ms Fasunloye for her organisation of the programme.

Ms Cheverton, DoE Coordinator



Sports Day 2025

On Tuesday 8th July, the whole school day moved to StoneX Stadium for our annual Sports Day. Students from Years 7-10 and Y12 took to the track and field to showcase their talents.

In beautiful sunshine our students participated in a number of track and field events including sprinting, jumping and throwing events - even a Welly Boot throw! There was a closely contested Tug of War which saw Hadid House come out victorious, as well as plenty of close relay races throughout the years. In the Year 7 Chant off, Hadid House (7SMK) led by Ms Mok came out as the winners with their take on 'Call be Maybe' winning over the crowds!

The final, incredibly close results are as follows (combining all track and field, Tug of War and Yr7 Chant off scores).

- 1st place: Curie House, 359 points
- 2nd place: Naidu House, 358 points
- 3rd place: Hadid House, 357 points
- 4th place: Maathai House, 354 points
- 5th place: Seacole House, 346 points
- 6th place: Wollstonecraft House, 345 points
- 7th place: Ginsburg House, 320 points

The PE department wishes to thank the whole staff body for their support on the day to ensure that Sports Day 2025 was a huge success.



Global Perspectives

September 2025 will see Year 7 students experience a new course: Global Perspectives. Global Perspectives gives students the opportunity to explore different cultures and human experiences from around the world. Building on the Lyfta Time sequence that runs during form time, it is a separate, knowledge-rich course designed to build global awareness, critical thinking and oracy through immersive storytelling, reflection and structured discussion.

Resources from Lyfta provide the foundation for this course. Students engage with real human stories from around the world - from a fashion photographer in Kenya to a tech engineer in San Francisco to a violinist in Brazil. They will explore how culture, healthcare and community shape lives in Mexico, Finland, Indonesia and more, before concluding with a study of youth sport and teamwork across different cultures in the Kids' Cup series.

A central component of the course is Critical Digital and Media Literacy. This means having students: assess the credibility of online information and digital media content; recognise and understand bias in media, algorithms, echo chambers and misinformation; understand the ethics and responsibility of content creation; appreciate diverse perspectives and how media shapes understanding of the world.

Through vocabulary-rich lessons with regular opportunities for retrieval and reflection, students are equipped with the knowledge to successfully engage with complex global issues across the curriculum as they progress through Key Stage 3 and beyond. Global Perspectives encourages students to think deeply, speak confidently, and develop a more informed and compassionate view of the world around them.

For more information about Lyfta please visit: <https://www.lyfta.com/>

QEGSA

The students, families and staff of Queen Elizabeth's Girls' school would like to send a really big thank you to outgoing chair Sara Badvie, who has worked hard since 2022 leading the school association. Examples of its impact in that time include fifteen new computers in the Technology department, new library resources and countless memorable occasions for students and families. We look forward to seeing how QEGSA continues to grow and wish Sara all the very best for the future.



Dates for your diary: 2025-26

- Years 7 and 12 Induction Wednesday 3 September
- All Year Groups Return Thursday 4 September
- Celebration of Excellence Evening Wednesday 10 September
- School Open Evening (students finish at 1.00pm) Monday 22 September
- Sixth Form Open Evening (normal school day) Thursday 16 October
- Family Information Events
 - Sixth Form (online) 6pm-7pm Wednesday 24 September
 - Year 11 "The Final GCSE Year" 4.30-6pm Wednesday 1 October
 - Year 7 "Welcome to QE Girls" 4.30-6pm Thursday 2 October
 - Year 10 "Starting GCSEs" 4.30-6pm Tuesday 7 October
- Parents' Evenings
 - Year 7 2pm-6pm (students finish at 1.00pm) Wednesday 19 November
 - Year 8 2pm-6pm (students finish at 1.00pm) Wednesday 25 February
 - Year 9 2pm-6pm (students finish at 1.00pm) Thursday 29 January
 - Year 10 2pm-6pm (students finish at 1.00pm) Tuesday 24 March
 - Year 11 2pm-6pm (students finish at 1.00pm) Wednesday 14 January
 - Year 12 4.30-7pm (normal school day) Thursday 13 November
 - Year 13 4.30-7pm (normal school day) Tuesday 21 October
- School closed for Wellbeing Day Friday 28 November
- Year 9 Options Evening Tuesday 10 February

Useful Support Lines

If you or your child needs support with their mental health over the holidays the following organisations are here to help:

Childline is a free, private and confidential service that you can access online and on the phone. They can provide help and support for people up to their 19th birthday.

<https://www.childline.org.uk/> telephone 0800 1111

Samaritans provide free confidential emotional support at any time either by calling 116 123 or emailing jo@samaritans.org

Kooth is an online platform that has information and support for young people on how to manage their mental health <https://www.kooth.com/>

Shout is a 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258. Only available in mainland UK website <https://giveusashout.org/>

NHS Mental health services are free on the NHS.

To get **urgent medical help**, use the NHS 111 online service, or call 111 if you're unable to get help online. Only available in mainland UK.

For **life-threatening emergencies**, call 999 for an ambulance

Safer Schools for learners experiencing any form of abuse. It also provides a contact point for reporting burglaries, vandalism and other incidents that impact on efforts to ensure safe schools. The Call Centre's telephone number is 0800 45 46 47.

CEOP is here to help children stay safe online. If anybody acts inappropriately towards you or another child or young person online (such as sexual chat, or being asked to do something that makes you feel uncomfortable); you can report it here.

<https://www.ceop.police.uk/safety-centre>

**READ MORE ON OUR
WEBSITE**



Queen Elizabeth's Girls' School
High Street, Barnet, Herts, EN5 5RR
T: 020 8449 2984
F: 020 8441 2322
E: office@qegschool.org.uk