



Founded in 1888

Queen Elizabeth's Girls' School

Educating Women of the Future

March 2026

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The Tudor Rose

Your half-termly newsletter from Queen Elizabeth's Girls' School



From the Headteacher

As we reflect on another vibrant and enriching term at Queen Elizabeth's Girls' School, I am immensely proud of the breadth of opportunities our students continue to embrace and the enthusiasm, resilience and kindness they show in doing so. The following news items capture not only the diversity of experiences on offer—from residential trips and cultural visits to academic enrichment, sport and creative pursuits—but also the strength of our community, where students and staff alike demonstrate commitment, collaboration and a genuine sense of belonging. It is this spirit that makes our school such a special place. I hope you enjoy reading these highlights.

We are all elevated through our wonderfully diverse community, some of whom have recently celebrated Eid and Nowruz, and we recognise that many families will be observing Passover, as well as both Western and Orthodox Christian Easter, over the holiday period. Acknowledging each other's traditions, festivals and beliefs provides opportunity for powerful reflection on the inclusivity and mutual respect that define our school.

I would like to wish all members of our community and their families, a restful and joyful spring break.

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Year 7 Residential Trip to Cuffley Active Learning Centre

During our time at Cuffley, we took part in assorted miscellaneous activities and explored nature. We went on walks, explored the grounds, and spent time being active with our friends. These activities were great because they helped us stay healthy, work together, and enjoy the fresh air while learning new things. Cuffley Active Learning Centre is a wonderful place to visit with family and friends.

Maria, 7MEN



In short, I thoroughly enjoyed my trip to Cuffley! Everyone was so kind and supportive, and everybody got to be themselves and act freely. To me, it is just so important to see how everyone interacts with each other. I, if not everyone that went, got to work with people that we wouldn't normally get a chance to work with and rather than being reluctant to work with new people, we embraced it and it benefited everyone!

During the Cuffley trip, not only were we working on our individual skills, but we were becoming a stronger friendship group. All the activities encouraged us to come out of our comfort zone and try new things, develop our problem solving abilities and work on our collaborative skills. Even though we were being pushed to our limits, because of the support we showed each other, we were still comfortable with the tasks we were set.

I think the Cuffley Residential was an amazing thing to do at this point in our secondary school journey - it is intensely fun - but maybe not so much in the cold weather!

Nadine, 7MEN



IOP Lecture on Maria Goeppert-Mayer's Nobel Prize in Physics

On Friday the 6th of March in celebration of International Women's Day the Institute of Physics (IOP), organised an online lecture in Room 221 by Professor Michael Wiescher from the University of Notre Dame between 5.00 and 6.30 pm. Mr Roberts and Mr Young attended with a group of keen students from Year's 7-13. We were treated to a detailed history of Maria Goeppert-Mayer's life and her work that earned her the second Nobel Prize awarded to a woman, in 196, for her substantial contributions to atomic and molecular physics. It was a fascinating talk about her work on the nuclear "magic numbers" and the nuclear bomb Manhattan Project. Hopefully, her moral leadership and theoretical work on the project inspired our students by showing what great female scientists can accomplish.

Trip to 'The Lion King'

Experiencing the breathtaking, live production of *The Lion King* in London's West End was absolutely unforgettable. Thanks to Ms Shah, we had great seats that gave us an amazing view of the stage and audience interactions. From the moment the performance started, the powerful music and incredible staging drew us in. The costumes were extremely impressive, with the actors wearing detailed headpieces and outfits that captured the personality and spirit of each character within the show. Throughout the production we were taught important moral lessons, especially the powerful message that good always triumphs over evil. Through watching Simba's journey, we learnt about courage, responsibility and the importance of facing our fears instead of running away from them. It further highlighted the value of family and friends, loyalty and staying true to who you are as a person. Overall, the experience was not only entertaining but also inspiring, reminding all of us that even after loss and hardship, hope and goodness will always win.



Sophia, Year 13

Barnet Netball League

Year 7-11 have competed in the Barnet Netball League since the start of the year. All teams have played really well and showed great team spirit.

- Year 7 - 2nd
- Year 8 - 2nd
- Year 9 - 3rd
- Year 10 - 4th
- Year 11 - 2nd

Our Sixth Form team also played against Ashmole. A close fixture that came down to the final quarter with QEGS coming out on top!

Thank you to everyone who has committed to this club and well done to everyone who represented the School with pride.

Mrs McDermott



Duke of Edinburgh Training Day – Year 9 Bronze

On Saturday, our Year 9 Bronze Duke of Edinburgh students spent the day preparing for their upcoming expeditions. It was a fantastic day, with the girls rotating through different sessions and fully engaging in all the practical skills they will need.

They practised map reading, navigation and route planning, as well as teamwork and



communication. There was also plenty of hands-on experience pitching tents – despite the weather making things a little muddy (and leaving us with cold hands and muddy boots!) – alongside learning how to cook using expedition equipment.

It was wonderful to see such enthusiasm, resilience and positivity throughout the day. The girls supported each other brilliantly and showed great determination, even in the more challenging conditions.

We are really looking forward to seeing them put these skills into practice during their Bronze expeditions – and hopefully in slightly drier weather!

Ms Mucha



QE KS3 and KS4 Badminton Tournament

On Monday 16th, the PE department arranged an in-house Badminton tournament for the players who attend the Badminton club regularly.

17 players took part, and each year group had several doubles teams who then played against each other in a round robin tournament. They played up to 21 points and rotated round to play each team in their year group.

The players applied excellent skills, knowledge and decision-making throughout their matches. They learned how to keep the scores correctly and showed great sportspersonship. The students looked like they really enjoyed competing and were also keen to keep learning more advanced skills about the game.

This tournament will be completed on Monday 23rd March where we will have a winning pair from each year group. They will then be presented with medals as well as Achievement and House Points.



Miss Khemchand

Bebras Competition 2026 - Results

We are delighted to share the results of this year's Bebras Computational Thinking Competition! All students who took part have received a certificate in recognition of their effort and achievement. Students who placed in the top 50–75% across QEGS (Y7-11) were awarded a Merit certificate, while those in the top 25% received a Distinction.

An extra special congratulations goes to the 46 students across all age groups who achieved a prestigious Bebras Gold Award by placing in the top 10% nationally, an outstanding accomplishment in a competition with over 500,000 participants across the UK.

We are incredibly proud of all students who took part and demonstrated their problem-solving and computational thinking skills.

We look forward to taking part again in November 2026!

Mr Ali

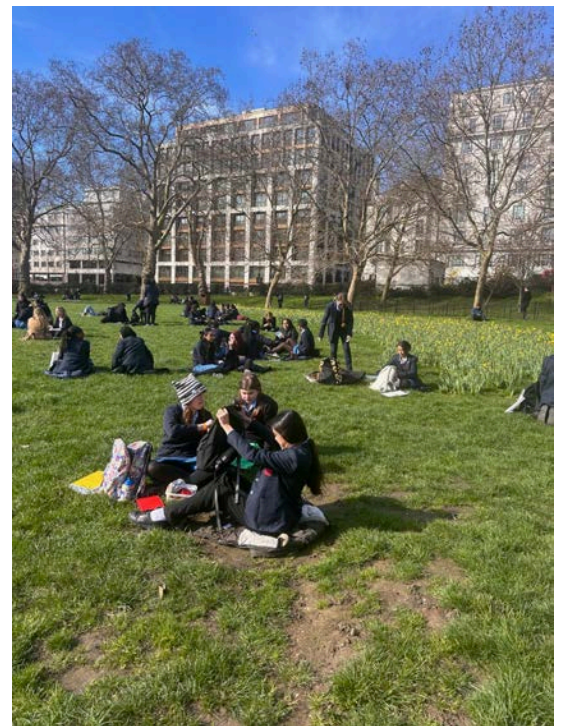


UK Bebras
Computational
Thinking
Challenge

KS3 BAFTA Headquarters Trip

A range of students from Years 7-9 went to visit the iconic BAFTA Headquarters in Piccadilly, London for their "Own Your Own Future in Screen" event. Students were able to learn more about careers connected to Film, TV, Animation, Games and Visual Effects as part of National Careers Week. We then enjoyed a lovely picnic lunch in Green Park before returning to school!

Miss Madden



Foreign Film Club

Foreign Film Club is a club where we watch and explore films from different countries around the world. In each session we watch a film that isn't in English and watch it together with subtitles, so everyone can understand and enjoy it.



By watching films from different parts of the world, you can learn more about cultural traditions, lifestyles, and ways of thinking that may be very different from your traditions. It's a great way to celebrate diversity and gain a better

understanding of people from different backgrounds. The club is all about experiencing different styles of filmmaking, storytelling, and cultures through movies. We watch a variety of genres depending on what the group is interested in.

Foreign Film Club is open to anyone who wants to try something different, learn about other cultures, or just wants to enjoy watching films in a relaxed environment.

Isabella and Raya 9OBR



KS3 Cinema Trip and Film Review

A range of students visited the Everyman Barnet cinema to see a screening of the incredible *Ocean with David Attenborough*. Students saw beautiful images of things such as the coral reef and learnt about marine life in general and the devastating impact humans are having on it. Students have been encouraged to enter the Review 500 competition which is run by Into Film all year round. Students will have a chance of winning an Amazon voucher, whilst also developing their creative writing and literacy skills. This is something that all students can take part in and we encourage them to review a film that they might watch over the spring break, via the link below:

<https://www.intofilm.org/clubs/review500>

Miss Madden



BBC Radio 3 Lunchtime Concert



On Friday 20th March, our GCSE and A Level Music students had the exciting opportunity to attend a BBC Radio 3 lunchtime concert at LSO St Luke's, featuring the internationally renowned conductor and pianist Sir Antonio Pappano.

The concert, part of the "Sir Antonio Pappano and Friends" series, showcased a vibrant and expressive programme of chamber music by Hindemith, Poulenc and Beethoven. The performance highlighted the variety and character of 20th-century and classical repertoire, offering students a rich and engaging listening experience.

Set within the intimate surroundings of LSO St Luke's, the concert allowed students to experience professional music-making at close range. This environment made it possible to observe the subtle communication between performers, the precision of ensemble playing,

and the expressive decisions that bring a score to life, elements that are central to their GCSE and A Level studies.

Sir Antonio Pappano's presence made the visit particularly memorable. As Chief Conductor of the London Symphony Orchestra and one of the leading musicians of his generation, his musicianship and collaborative approach were both inspiring and enlightening. Watching him perform in a chamber setting gave students a unique insight into the versatility required of top-level musicians.

Students were especially struck by the contrast of styles within the programme, from the clarity and structure of Beethoven to the wit and colour of Poulenc. Many commented on how hearing these works live deepened their understanding far beyond what is possible in the classroom.

This trip was a valuable extension of our curriculum, reinforcing key musical concepts while also inspiring students through direct exposure to world-class performance. Opportunities like this play a vital role in developing not only musical knowledge, but also a lasting appreciation for live classical music.

We look forward to organising more visits in the future, continuing to enrich students' musical education beyond the classroom.

Ms Rodriguez-Broadbent

Year 9 Spoken Poetry Club

I've been so pleased to see the uptake in our Friday lunchtime Year 9 Spoken Word Poetry which has led to an increasing number of Year 8s requesting to join - and indeed next term we will be opening the sessions up for Year 8s too. What I love from the perspective of a teacher is the enthusiasm and energy the students are bringing to the room which makes for a really enjoyable Friday activity often at the end of a hard week of regular study! The sessions are structured around a choice of prompts the students are given, 5-10 minutes of quick fire focused but free writing, and then some reading out, quick edit suggestions and everyone enjoying each others' work together in a safe, positive and nurturing environment. As I always say everyone is a poet, you just have to put pen to paper. In this edition of *The Tudor Rose* I attach a moving response to the prompt 'To The Girls Who...' where students were given the title and asked to speak a message to the girls of the world and they could take it in any direction they wished as long as they used the prompt as a refrain.

Mr Short

To The Girls Who...

To the girls who love life, to the girls who don't.
To the girls who try to fly, to the girls who float.

To the girls who love pink, to the girls who love blue,
To the girls who've been told "blue is for boys" and promptly responded with "Not true!"

To the girls who are loud and bold, I applaud you.
To the girls who are quiet and don't do what they're told, I salute you.

To the girls who embrace their femininity, to the girls who love their body. To the girls who don't quite feel like girls, I hope you rewrite your story.

To all the girls, tall, short, skinny, large, I hope you know you're loved. From girls, near and far.

Laasya 9RST

TfL Pioneers - Citizen Science Investigation

On Friday, 6th of March, the TfL pioneers got the opportunity to conduct a Citizen Science Investigation that looked into how clean the air was around the school. The ambassadors were split into two teams to investigate the air quality and particle pollution. One group was to examine lichen, and the other to inspect particulate matter. The locations that we looked at included the school entrance, Domino's pizza entrance, Southgate College entrance which had many trees for us to examine, and Ravenscroft Gardens.



The lichen team was to conduct a lichen analysis to determine presence of Nitrogen Dioxide (NO₂), using a magnifying glass to look into these symbiotic organisms that consists of a fungus and an alga. After exploring some of the locations, we found out that lichens that are nitrogen loving such as the *Xanthoria parietina* and the *Physcia dubia/caesia* are commonly found near locations that are more busy and packed with people, such as the Domino's entrance. This means that the air quality in these places is quite dirty. However, as we searched around for lichens in the park, we found some nitrogen sensitive lichens such as the genus *Usnea*, *Evernia prunastri*, and *Hypogymnia physodes* which are clear indicators that the air quality there is much cleaner. They don't like NO₂ and would thrive in places with unpolluted/purer air.



The particulate matter (PM) team was to take PM samples at different heights and locations, using clear sticky tape to capture the particles on surfaces and a tape measure to measure the height from the ground. Particulate matter includes a complex mixture of microscopic solid particles and liquid droplets suspended in the air, such as dust, dirt, soot, pollen and mould.

This brings us to a conclusion that air quality is more pristine in higher altitudes and places with more open spaces. We are very grateful for this opportunity that allows us to explore how different areas can affect the cleanliness and quality of the atmosphere and how it could potentially affect us and the environment, and it was really interesting and fun as we continued to learn and discuss more about the investigation and the air condition/composition around us.



Audrey, Year 9

Year 8 Wings of Hope Achievement Award (WOHAA) Junior

WOHAA Junior empowers students in Years 7 and 8 to collaborate in teams, designing and managing impactful fundraising projects within their school community. This Spring Term, our Year 8 students spearheaded fundraising projects to support vital international projects in Chennai, India, and Sierra Leone. In total, the groups raised an impressive £556.85. Through this experience, students haven't just raised funds, they have cultivated essential life skills, including leadership, organisation, and respect for global citizenship.



Well done to Aadhya, Annie, Athena, Elisa, Floss, Isabella, Kabiyanga, Maya, Nyshita and Wakana, Year 8.

Next term, we will be launching this initiative with Year 7, and we look forward to seeing them develop their leadership skills as they undertake this rewarding challenge!

Mrs Campbell



Celebrating International Women’s Day

On Friday 6th March, our school community came together in a truly inspiring and purposeful way to celebrate International Women’s Day and its remarkable milestone of 115 years of impacting women's advancement. Spearheaded with dedication and vision by our Year 12 students, the celebrations reflected not only careful organisation but also a profound commitment to the values of empowerment, unity, and progress that define our school.

International Women’s Day, observed globally, is both a celebration of the social, economic, cultural, and political achievements of women and a call to action for continued progress towards equality. At Queen Elizabeth’s Girls’ School, this message resonated deeply, brought to life through a rich programme of activities designed to educate, inspire, and unite students across all year groups. I had the privilege of contributing to this programme by delivering a whole school assembly, which explored the significance of International Women’s Day and highlighted the importance of recognising both historical and contemporary female role models.

In a powerful display of student voice, students and QE staff voted for a charity they felt most connected to. Our winning charity was Nomi Network, which helps combat human trafficking by creating pathways to safe employment and empowering women and girls to break cycles of slavery in their families and communities. Together, our school community raised a fantastic £324.39 to support this vital cause. The library also played a significant role, hosting a book charity initiative that introduced a collection of new titles celebrating the lives and achievements of influential women. The atmosphere throughout the school was vibrant and uplifting. Students and staff wore white, purple, and green the colours historically associated with women’s equality creating a powerful visual expression of solidarity. From the moment one entered the school, greeted by a celebratory display of balloons and signage, there was a palpable sense of pride, unity, and joy.

It has been a privilege to contribute to such a meaningful occasion, and to be part of a school that continues to inspire, support, and uplift every member of its community.

Xheni, Year 12



Old Vic Schools Club - *Arcadia*

Recently, the members of the Old Vic Schools Club were lucky enough to participate in an interactive workshop and then watch the live performance of *Arcadia* - it was an incredible experience. On Monday 2nd March the workshop took place, prior to our visit to the theatre. It gave us a preview of what the play entailed, allowing us to understand the complex story and connect with the characters. The staff from The Old Vic made the workshop enjoyable and intriguing, as we ventured into the world of prop making, we explored how an object could tell a whole story of its own! We even had the opportunity to put our prop maker hats on and create a prop of our own, developing our creativity and teamwork skills throughout the afternoon.



Later that week, on Wednesday 4th March in the evening we set out on our journey into London. The Old Vic Theatre was filled with an excited audience and the atmosphere was exhilarating! The performance of *Arcadia* was complicated and the puzzles were never ending. It was thoroughly enjoyable to watch such a moving story. The stage was set out beautifully with enchanting lights and talented actors, what more could we have asked for?



Overall, it was an unforgettable experience! It not only deepened our understanding of theatre but also inspired many of us to think more creatively and meet students in other years. We all had a truly thrilling time - the performance and workshop were both captivating experiences.

Cristina, 9SNG

Key Stage 3 Careers Event



Year 9 was lucky enough to be invited to the Careers Event in the hall. When we entered there were a variety of talented professionals. Some of these were past students and some were current parents, ready to tell us about their industries and answer any questions we had! The event was created to give us an opportunity to learn about many career paths, discover the different routes into employment and how to apply our interests and skills into our future goals.

informative and intriguing as they gave us first-hand insights into their daily roles. There was a wide range of experts such as lawyers, vets, construction workers, detectives and many more! One of the most valuable takeaways was learning that skills like communication and teamwork are just as important as having the right qualifications.

All of the conversations we had were

Cristina, Year 9

We would like to thank our visiting professionals for fostering such insightful and high-impact conversations. Their willingness to share their career journeys gave our students a rare opportunity to connect with the professional world first-hand.



- Atelier Ten - Gabriella Kyriacou (QE alumna)
- Barnet Council - Louis Bynoe, Rebecca McKeating
- Belle Maison Solutions - Claire Hudson-Clements
- Berkeley St George - Jonathan Brooks
- Bolt Burdon Kemp LLP - Caroline Klage (QE alumna)
- Build By Charlie Ltd - Charlotte Avara
- Chase New Homes - Laura El Najjar, Lisa Hopkins
- Crane and Staples LPP - Sebastian Schofield-Bezer, Amy Tapping (QE alumna)
- Department for Working Pensions - Chente Davids, Gillen White

- Gaia - Dearna Keogh, Jenny O'Connor
- Goldman Sachs - Raj Patel
- Inharness Limited - Kaz Harness
- James North Photography Limited - James North
- Leicht Contracts - Emily Everett
- Metropolitan Police - Sam Bellman (QE alumna)
- Metropolitan Police - Sarah Stancombe (QE alumna)
- Royal Free NHS Trust - Matt Sykes
- Troup Bywater and Anders - Marta Baos-Estevez, Grace Knight
- Vision RT - Muktida Vaghjiani
- WPP Media - Barbara Blanzat Henao Martinez

The professionals who attended commented on how impressed they were with the students' behaviour, enthusiasm, engagement, and curiosity.

During the Careers Event, I found that some of the jobs I had never previously considered were actually to my liking; I would like to pursue them! All of the visitors that my group interviewed, successfully delivered all the necessary information (and more) in the period of time we were given, most probably aiding many pupils to begin to think about future possible goals. Personally, I thought



the descriptions they gave were extremely eye opening and I would love to see another Careers Event in the future!

Chloe, Year 7

The Riot Act - Year 7 Road Safety Performance

On Tuesday 24th March, Year 7 students attended an engaging and thought provoking performance of *What Went Down*, delivered by The Riot Act theatre company. The interactive and immersive show focused on the importance of road safety and the real life consequences of risky behaviour around roads.

Through powerful storytelling and audience participation, students followed the events leading up to a serious road traffic incident. The performance encouraged students to think carefully about the choices people make and how these decisions can affect not only themselves but also their friends, families and wider community.

The actors involved students throughout the performance, creating a memorable experience that prompted reflection and discussion. It was an impactful session that reinforced key messages about staying safe and making responsible choices when travelling near roads.

Year 7 engaged brilliantly with the performance and took away important lessons that will help them stay safe both now and in the future.

"I really enjoyed the performance from the Riot Act. I loved how we got to interact with the cast. It was educational and fun at the same time."

"The Riot Act taught me many things, including how to stay safe on the roads and not let peer pressure get to you. It's also taught me that it's important to put any distractions away when crossing the road so that I am listening and paying attention."

"What an awesome show!"

Maria, Year 7



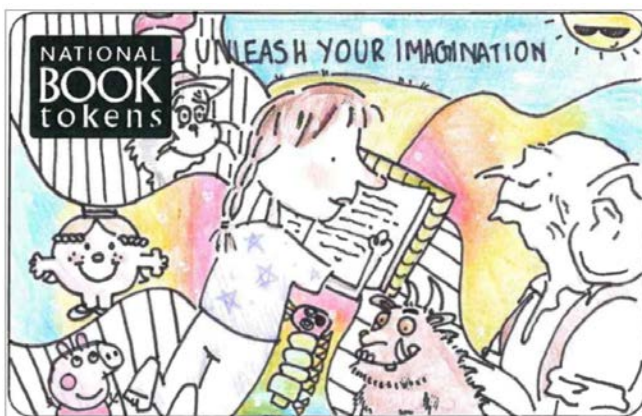
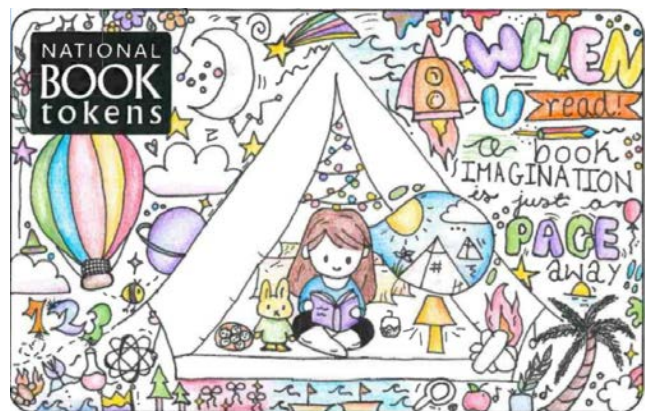
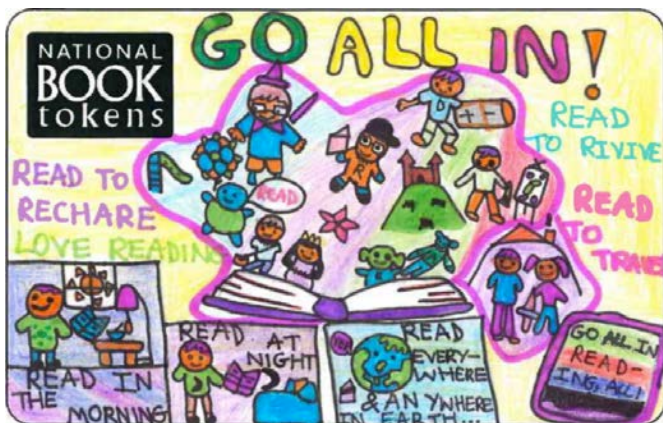
World Book Day - Design a National Book

In celebration of World Book Day, students in Years 7, 8, and 9 were invited to channel their creativity for the National Book Tokens annual design competition. The challenge? To craft a bold, eye-catching gift card that captures their personal interests and illustrates how reading helps them explore new ideas and ignite their imaginations. All entries have now been submitted to the national competition. We eagerly await to see if our students' creativity catches the eyes of the judges! This year's winners will be selected by three very special guest judges: bestselling authors and illustrators Paddy Donnelly, Nadia Shireen and Sonia Leong!

Within the QE competition, the following winners were selected:

- Year 7 - Lithumi
- Year 8 - Emily
- Year 9 - Zuri
- Best of the Rest - Year 8 - Amber

Ms Bunce



Psychology Trip to London Zoo

Recently, A-level Psychology students swapped the classroom for a day of hands-on learning with a visit to London Zoo. The trip offered us the chance to see some of the theories we study in lessons come to life in a fun and memorable setting.

A highlight of the day was attending the zoo's *Super Species* show, where trainers demonstrated how animals are trained using principles of learning and behaviour. For us psychology students, this was the perfect opportunity to observe two important theories

in action: classical conditioning and operant conditioning. Classical conditioning occurs when an individual learns to associate one stimulus with another. During the show, we noticed how animals like ferrets and an owl responded to particular cues from their trainers, showing how associations can be built over time through repeated experiences. Meanwhile, operant conditioning was easy to spot throughout the demonstrations. Trainers rewarded animals with food or praise after performing specific behaviours, reinforcing those actions and encouraging the animals to repeat them in the future. Seeing these concepts outside of the typical classroom setting helped us better understand how learning theories apply to real-world situations.

Of course, the trip wasn't just about psychology. We also had time to explore the zoo and observe a wide variety of animals, from curious penguins to impressive big cats. Walking through the different exhibits gave everyone the chance to relax, enjoy the environment, and perhaps discover a few new favourite animals along the way.

The day was filled with curiosity, laughter, and plenty of fascinating observations. Trips like this remind us that learning doesn't only happen in our classrooms but sometimes it happens while watching a rather adventurous pair of parrots (Indi and Anna) completely ignore all their training and take the opportunity to fly back home or seeing a clever animal respond to a trainer's signal.

Overall, the visit to London Zoo was a fantastic experience for the psychology group. It combined academic learning with an enjoyable day out and gave us a new perspective on how psychology operates in the real world. We look forward to more opportunities to explore psychology beyond the classroom in the future.

Precious, Year 12



Trip to the Freud Museum

One concept in the Psychology A-Level specification is Freud's psychodynamic theory. We had an opportunity to experience and expand our knowledge by visiting the Freud museum, which was previously his home. It was fascinating to see stories not only about Freud himself, but also his family. The house



was full of information

about what specific areas in the house were used for and who stayed in the house as well as their history and connections to Freud. We also had a talk by an expert which was informative and helpful to develop our understanding of Freud. It was also interactive so we got to lay down on the famous couch that Freud used for his clients when giving them therapy.



Uvasri, Year 13

Post-18 Cooking Class



The Sixth Form were offered the opportunity to take part in a Post-18 preparation and cooking class on the 24th March. We learnt about the importance of fibre intake and micronutrients for brain health and focus, especially in the overnight oats recipe. We made a pasta salad for a lunch option and chickpea curry with homemade flatbread for dinner! We were able to achieve this in under two hours, which showed us how easy it is to meal prep for the week. All of the dishes were highly

adaptable and easy to freeze, helping us prepare for university life! It was so much fun to cook in school and we are all looking forward to further sessions in future!







Anabelle, Year 13

10 Things to Read, Watch, Make, Do

10 things to Read, Watch, Make, Do - Spring special

Remember there are a number of places where [Kids eat free](#) this holiday if you plan a day out!

10 Books to read	10 Things to watch	10 things to make	10 Activities to do in London (free or low cost)
<ol style="list-style-type: none"> 1. Auggie & Me 2. The Harry Potter Series 3. Percy Jackson and the Lightning Thieves series 4. Bad Dad or other books by David Walliams 5. The Book Thief 6. The Roald Dahl Collection 7. Tsunami Girl 8. The Help 9. Holes 10. Diary of a Basketball Hero <p>Please remember our ePlatform Library where you can borrow all of these books mentioned (linked). Here is a link to a pamphlet which explains how to access and use it effectively. Login for the links above to work</p> 	<ol style="list-style-type: none"> 1. A film at an Odeon Cinema for as little as £1 (for adults and children) 2. A Shakespeare play at The Globe from as little as £5 3. A morning film at a VUE cinema from £2.49 4. The sunrise or sunset over the panoramic views from Hampstead Heath this Easter 5. Hop (2011)- Netflix 6. The Wizard of Oz (1939) - YouTube. Great preparation for the school production! 7. Peter Rabbit (2018) - Netflix 8. The Secret Garden (1993) - Amazon Prime, Apple TV 9. Charlie and the Chocolate Factory (2005) - Now, Amazon Prime, Apple TV 10. Ocean with David Attenborough (2025) - Disney + 11. Night at the Museum (2005) - Netflix 	<ol style="list-style-type: none"> 1. Springtime hot cross buns 2. A mini rain garden 3. Make and fly a kite 4. Easter egg nests 5. Salt dough Easter egg ornaments 6. Easter rocky road 7. Easter egg cake 8. Ice cream using this experiment 9. Create a film review for the Review 500 Competition which Into Film are running 10. Build a bird feeder  	<ol style="list-style-type: none"> 1. Visit Battersea Power Station and try one of their free Easter workshops, including building a Lego Easter egg or the Elephant Trail 2. Visit Camden Market for its Easter weekend activities 3. Visit King's Road, Chelsea to take in the historic architecture and the Easter egg hunt 4. Visit one of the immersive exhibitions at the Serpentine Galleries 5. Take a springtime walk in Hyde Park or another Royal Park in London 6. Visit a free exhibition at the iconic British Museum 7. Take a scenic walk along the Southbank and try out an activity at The Southbank Centre 8. Visit The National Gallery and try one of the free family activities 9. Take a self led walking tour and discover Roman London, including a free visit to an Amphitheatre 10. Visit the exhibitions at The British Library

Holiday Activities

Holiday Activities for Children Eligible for Benefits-Related Free School Meals – PLUS Positive Activities for ALL Barnet Children



Barnet's **BACE Holidays (HAF) programme** offers *free* holiday activities and healthy meals for children and young people who are eligible for **benefit-related Free School Meals** every Spring, Summer and Winter Holidays. Look out for your e-voucher code if eligible.

<https://barnetyouth.uk/baceholidays>



In addition, Barnet's **Positive Activities** programme provides *free sessions for any child or young person who lives in Barnet or attends a Barnet school*, regardless of eligibility. Activities include sports, arts, youth clubs, music, outdoor adventures and more.

Explore all activities here:

<https://barnetyouth.uk/Positive-Activities>

Dates for your diary

- | | |
|---|------------------------------|
| • Summer Term starts | Monday 13 April |
| • Summer Half-Term Break | Monday 25 - Friday 29 May |
| • Year 11 into Year 12 Sixth Form Induction Day | Thursday 18 June |
| • Sports Day | Monday 6 July |
| • School Play Performances | Wednesday 8 - Friday 10 July |
| • Last day of Summer Term (early finish) | Friday 17 July |

LinkedIn



Please follow us on LinkedIn:

<https://www.linkedin.com/company/20659538>

Useful Support Lines

If you or your child needs support with their mental health over the holidays the following organisations are here to help:

Childline is a free, private and confidential service that you can access online and on the phone. They can provide help and support for people up to their 19th birthday.

<https://www.childline.org.uk/> telephone 0800 1111

Samaritans provide free confidential emotional support at any time either by calling 116 123 or emailing jo@samaritans.org

Kooth is an online platform that has information and support for young people on how to manage their mental health <https://www.kooth.com/>

Shout is a 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258. Only available in mainland UK website <https://giveusashout.org/>

NHS Mental health services are free on the NHS.

To get **urgent medical help**, use the NHS 111 online service, or call 111 if you're unable to get help online. Only available in mainland UK.

For **life-threatening emergencies**, call 999 for an ambulance

Safer Schools for learners experiencing any form of abuse. It also provides a contact point for reporting burglaries, vandalism and other incidents that impact on efforts to ensure safe schools. The Call Centre's telephone number is 0800 45 46 47.

CEOP is here to help children stay safe online. If anybody acts inappropriately towards you or another child or young person online (such as sexual chat, or being asked to do something that makes you feel uncomfortable); you can report it here.

<https://www.ceop.police.uk/safety-centre>

**READ MORE ON
OUR WEBSITE**



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